



“What I Cannot Bear to Think of as Lost Forever: 75 Years After Hiroshima and Nagasaki”

DIRECTIONS TO MAKE YOUR RIBBON PANEL

- Cut a panel of sturdy cloth of any color material 36” by 18” high. Each panel is double thickness.
- Attach 9” ribbons or bias tape to each corner so that your panel can easily be tied to another Ribbon panel.
- Now you are ready to decorate your panel to your own liking. Sew, paint, sketch, embroider, applique, weave, knit, tie dye or ornaments to express what you most love about the world and want to protect from a nuclear disaster.
- On the back of your panel write your name, address and any message explaining your particular Ribbon piece.
- On the **week of August 1-9, 2020**
 - **Take a photo of your Ribbon panel.** Post it on Facebook (www.facebook.com/ThePeaceRibbon/) When posting your panel on Facebook or Instagram, use **#theribbon2020** and tag **“Peace Ribbon 2020.”**
 - **A photo of your panel** can also be sent to dortiz@paxchristiusa.org; it will then be posted on the Pax Christi USA’s website, as well as other social media platforms.
 - **Display your Ribbon.** You can display your panels in your homes (i.e. windows, porches, railings, balconies, cars, offices or church windows.)
- Invite your friends to join in making Ribbon panels. Ribbons will also be displayed at the **upcoming August 2020 in-person events** being held in Washington, D.C., Baltimore, MD, Minneapolis, MN., and elsewhere.

For inspiration, watch this 14-minute video, [The Ribbon 2020](#), by Karen Levad of Minnesota, who participated in the original ribbon project, explains the history, inspiration, purpose and how-tos of making Peace Ribbons.